

DISCOVER INSPIRE GROW

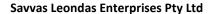
NAVIGATE THROUGH A VERY CHALLENGING TIME

with FOUR exciting workshops!

In 2024, Savvas Leondas will be conducting a series of workshops meticulously crafted to navigate attendees through this extraordinary period.

Explore crucial topics designed to resonate with the challenges of our time. These workshops are more than just educational sessions; they are a catalyst for empowerment, equipping attendees with the tools and knowledge necessary to not just survive, but thrive in today's ever evolving, and competitive landscape.

Whether attending one, two, or all sessions, seize this opportunity to collaborate with like-minded colleagues, over breakfast. Seats are limited, so secure a spot early!



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7th May 2024 Castlereagh Boutique Hotel Talent Engagement Attraction and Retention

Talent engagement, encompassing attraction and retention, is the linchpin of a thriving organisation... is it a secret – no, is it a puzzle yes! Changing your thinking about this topic is the start.

Attracting the 'right' talent requires a compelling blend of an appealing workplace culture, exciting opportunities, and competitive benefits. Equally important is the ability to retain these skilled individuals. Intertwining attraction and retention efforts, create a relationship where talented individuals feel not only drawn to join but compelled to stay.

"Live as if you were to die tomorrow. Learn as if you were to live forever".

Mahatma Gandi

Cost



2 Market Street Business Hub Emerging Leadership Capabilities in a Changing World

In a rapidly changing world, emerging leadership capabilities have become paramount for navigating the complexities of today's dynamic landscape. Some traditional paradigms of leadership need to be reshaped due to not only technological advancements, not to mention shifts in workforce dynamics, and the demands of an interconnected global environment.

Leaders must now possess the agility to adapt to these changes, foster innovation, and guide their teams through uncertainty. The ability to leverage digital technology, navigate diverse workforces, and address evolving challenges is central to effective leadership in this dynamic era.

Organisations that recognise and cultivate these emerging leadership capabilities are better positioned to thrive in the face of constant change, ensuring resilience and success in an ever-evolving business landscape.

30th July 2024 Castlereagh Boutique Hotel Goal Setting for Groups and Individuals

Have you ever set a goal and didn't achieve it? Yet you tried 'everything' or at least you thought you did..."If you are not making the progress you would like to make, and are capable of making, it is simply because your goals are not clearly defined" ... Paul J. Meyer

"If there was one skill and one skill only, I developed as a habit from a young age, it would be this: "the *habit* of setting and achieving goals" ... Savvas Leondas.

Goal setting is an extremely powerful tool and most people 'think' they understand it, however, experience tells otherwise. Most people have been exposed to the 'SMART' formula for setting goals; this is not enough!

Developing the *habit* of *setting* and *achieving* goals" is an art, a skill and a lot of practise! In this workshop we will explore the intricacies of this extremely powerful tool and participants will walk away with at least the framework for continuing to develop this skill.

3rd September 2024 Castlereagh Boutique Hotel Emotional Resilience in the Workplace

Numerous factors contribute to how well people adapt to adversities, including how individuals view and engage with their world. Psychological research demonstrates that the resources and skills associated with developing resilience can be cultivated and practiced.

Emotionally resilient employees are better equipped to manage their emotions effectively, manage pressure, handle stress and burnout, foster meaningful connections, exhibit authenticity, cultivate grit, contribute to a more vibrant and supportive workplace environment as well as learn and grow from these experiences, and sustain higher levels of productivity.

In essence, emotional resilience is a cornerstone for individual well-being in the dynamic landscape of the modern workplace. In this workshop we will explore various aspects of emotional resilience as well as strategies to bounce back from setbacks, adapt to change, and maintain a positive outlook amid adversity.

Select one or more workshops to participate in, and for convenient access, you can find all four workshops by following this <u>link</u>.



Four Breakfast Workshops - 2024

Timing: 7.00 am to 12.30 pm - Breakfast served at 7.30 am - Coffee/Tea Break at 9.45 am

\$49.00 per attendee per workshop. Bookings for one or more workshops can be made by clicking the link above. Please advise of any dietary

requirements. Numbers: Limited numbers for each workshop so please book early!

Venues: Events 1, 3, 4: Castlereagh Boutique Hotel, 169 Castlereagh Street Sydney Event 2: No. 2 Market Street Business Hub, 2 Market Street Sydney

